

## Incorporating Economic Evidence into Guidelines to Inform Local Policy and Best Practices for Child Health in Malawi, Nigeria, and South Africa

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# The South African Medical Research Council recognizes the catastrophic and persisting consequences of colonialism and apartheid, including land dispossession and the intentional imposition of educational and health inequities.

Acknowledging the SAMRC's historical role and silence during apartheid, we commit our capacities and resources to the continued promotion of justice and dignity in health research in South Africa.



#### **Declarations**

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#### **Presenter Disclosures**

I have nothing to disclose



#### Global Evidence, Local Adaptation (GELA) project

- Aims to enhance evidence-informed guideline recommendations for newborn and young child health in three SSA countries
- Childhood mortality disproportionately affects LMICs
- Challenges in translating evidence into practice
- Clinical Practice Guidelines (CPGs): adopt, adapt or develop
  - Minimise resource waste and avoid duplication
  - Work with local resources; intervention costs may differ from the context where a guideline was developed





#### Incorporating economic evidence into clinical guidelines

- Offers an opportunity to optimise resource allocation and improve efficiency
- Limited consideration of resource implications in the guideline development process, especially in LMICs
  - Paucity of economic evidence
  - Lack of policy commitment
  - Lack of capacity and expertise
  - Uncertainty in the methods for incorporating economic evidence in CPG development





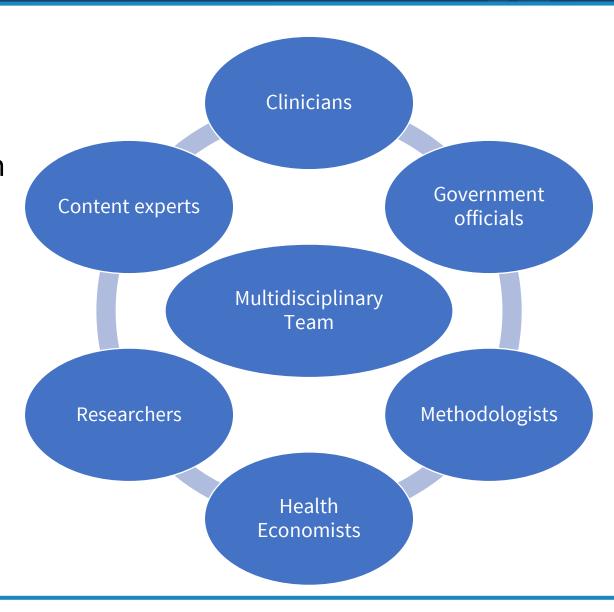
#### Aim

To outline the development of a multinational, multidisciplinary approach to establish a reliable and consistent structured process for incorporating economic considerations in the adaptation of newborn and child health guidelines in Malawi, Nigeria, and South Africa



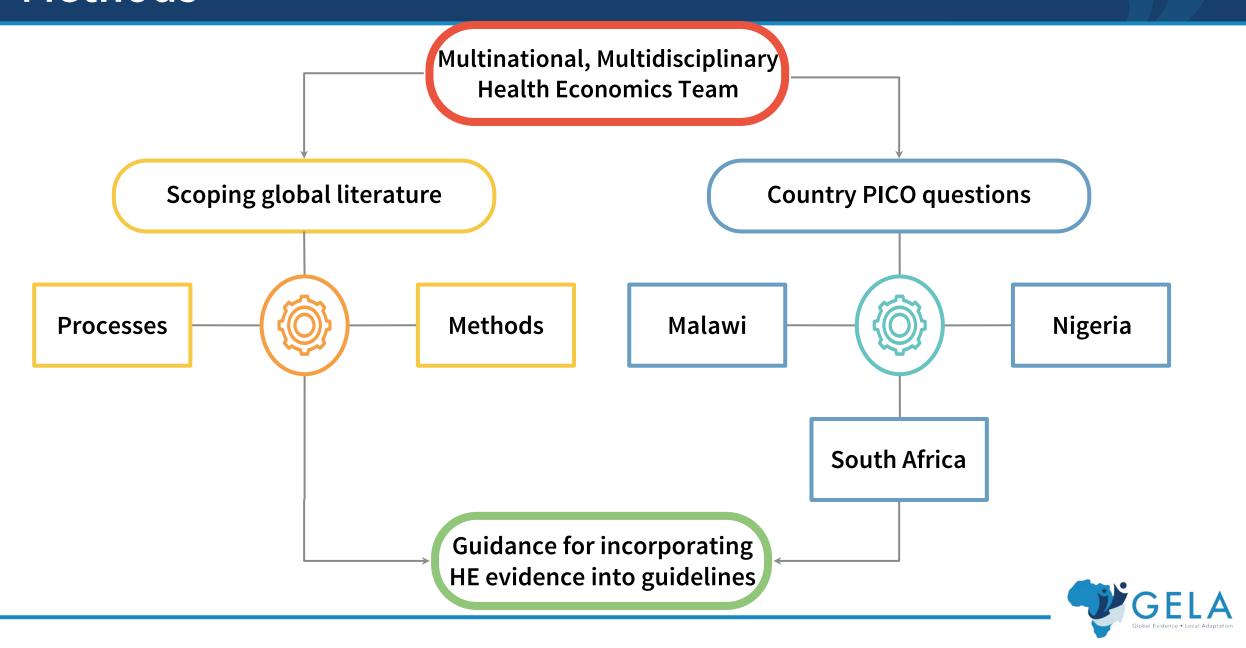
#### Methods

- Best practices approach
- In 2022, established a multidisciplinary team
- Integrated various disciplinary perspectives within the team
- Review of the literature
- Empirical economic analyses on identified PICO questions in Malawi, Nigeria, and South Africa





#### Methods



#### Results - Malawi

#### Early enteral nutrition in critically ill children under 12 years of age

- Following a parallel process consisting of scoping the literature and empirical economic analysis
- The findings from the literature search and stakeholder engagements will inform the final economic evaluation

| Literature Review  | Empirical analysis   |
|--|--|
| Search for systematic reviews and primary studies  | <ul> <li>Economic evaluation<br/>underway using contextual<br/>evidence</li> </ul> |
| <ul> <li>Seven databases were searched:<br/>Cochrane, Google Scholar, NHSEED,<br/>PubMed, CINAHL, Scopus, and Embase.</li> </ul> |  |
| • 229 titles and abstracts screened  |  |
| Eight full texts were reviewed   |  |
| One cost comparison study found  |  |



#### Results - Nigeria

Health worker-related interventions to improve compliance with hand hygiene guidelines for infection prevention (in hospitalised neonates and infants)

- Following a parallel process consisting of scoping the literature and empirical economic analysis
- The findings from the literature search and stakeholder engagement will inform the final economic evaluation

| Literature Review   | Empirical analysis   |
|---|--|
| <ul> <li>Search for systematic reviews (SRs) and primary studies</li> <li>PubMed, Cochrane Library</li> <li>308 studies retrieved</li> <li>One SR met the eligibility criteria</li> </ul> | <ul> <li>The type of economic<br/>evaluation will be decided<br/>following a planned<br/>stakeholder engagement</li> </ul> |
| SR appraised and relevant information extracted   |  |



#### **Results - South Africa**

### Prophylactic iron supplementation in children aged 6 months to 23 months for the prevention of iron deficiency anemia

- Following a parallel process consisting of scoping the literature and empirical economic analysis
- The findings from the literature search will inform the final economic evaluation

| Literature Review  | Empirical analysis   |
|--|--|
| Search for systematic reviews and primary  | <ul> <li>Basic cost analysis</li> </ul>  |
| <ul> <li>476 titles and abstracts screened         (PubMed, Embase, Cochrane, HTAs,         Google Scholar)</li> </ul> | <ul> <li>Consultations with<br/>stakeholders underway in<br/>preparation to do:</li> <li>Budget impact analysis</li> </ul> |
| <ul> <li>Seven full-texts were reviewed</li> </ul>   | <ul> <li>Cost-effectiveness study</li> </ul>   |
| One study met the criteria   |  |
| Relevant information extracted and used in economic analysis   |  |

#### Conclusion

- Outline process followed, which supports consistent and transparent integration of economic considerations within a formal guideline adaptation process
- Support optimal public health resource allocation in resource-constrained settings through multidisciplinary research approaches
- Transferable process for use by other guideline development groups
- Overcoming silos and strengthening collaboration
- Important to build capacity and expertise



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